

# Winter 2018 Dance Course at Beverly Farms

*with*

## **Tommie Shaw & Company**

*{All New Choreography & Course Material}*



## **Hip Hop & {Hula} Hoop Dance Combination Course**

To Register, click the link below, or visit [www.tommieshaw.com](http://www.tommieshaw.com),  
click "Registration", then click "Beverly Farms Hip Hop & {Hula} Hoop Dance"

**[Click here to register!](#)**

**Thursdays**

**3:50 – 5:05**

**1/11/18 – 3/8/18**

**No class on 1/25**

**Tuition: \$179.00**

**Grades K - 4**

Hip Hop is a high-energy dance form that uses the latest sounds in rap, R&B, and pop music, and is perfect for boys and girls who love to move! This fun-filled class immerses students in all aspects of motion, developing their balance, coordination and strength, as well as promoting creativity, teamwork, and self-esteem. We use child-friendly music in all of our Hip Hop classes (often Kids Bop), and all movement is age-appropriate. Hoop Dance is an exciting dance form that involves dancing and artistic movement with a hula hoop used as a prop or dance partner. Hoop dancers rotate the hoop around parts of the body other than the waist, including the hips, chest, neck, shoulders, thighs, knees, arms, hands, thumbs, feet and toes. Modern hooping draws from such diverse art forms as hip-hop, rhythmic gymnastics, freestyle dance, baton twirling, and more. For our Hoop Dance course, we constructed children's sized heavy-duty dance hoops for use in class each week. Parents are invited to join us on the last day of class for a Parent's Day performance.

*Listed tuition price includes an online registration processing fee.*